



II MINI-TRAIL DE SESIMBRA - 21 KM

Sesimbra, 15 de Abril de 2012

Classificação Geral Provisória

Organização : Associação Desportiva OMundoDaCorrida.com

Class.	Dorsal	Nome	Clube	Sexo	Idade	Escalão	Pos Esc	Tempo	Pos. CP
1	429	Cesário Morgado	Os amigos do B	M	35	SEN M	1	01:39:04.380	1
2	437	Bruno Martins	OMUNDODACORRIDA.COM	M	25	SEN M	2	01:39:09.326	2
3	444	Milton Silva	INDIVIDUAL	M	32	SEN M	3	01:39:14.763	3
4	466	Pedro Melitão	proAventuras	M	25	SEN M	4	01:41:32.485	4
5	463	Rui Barbosa	proAventuras	M	36	SEN M	5	01:45:25.262	6
6	469	António Lemos	proAventuras	M	54	M50	1	01:45:25.347	5
7	439	Francisco Monte	Individual	M	31	SEN M	6	01:55:28.310	7
8	503	Nuno Pimenta	Portugal Running	M	35	SEN M	7	01:56:28.361	10
9	458	José Manuel Ferreira	GD Santo António	M	31	SEN M	8	01:57:07.203	8
10	420	Luis Manuel Monteiro	Clube Grupo BES	M	40	M40	1	01:57:16.561	9
11	447	Jorge Marques Pinto	INDIVIDUAL	M	32	SEN M	9	01:57:21.935	12
12	435	Augusto Chiote	Os Cotas	M	53	M50	2	01:57:57.263	11
13	489	Raul Quaresma	OMUNDODACORRIDA.COM	M	31	SEN M	10	01:59:17.673	15
14	520	Luis Miguel Morgado	INDIVIDUAL	M	42	M40	2	01:59:46.594	13
15	467	Ludgero Bruno	proAventuras	M	33	SEN M	11	02:01:55.623	19
16	402	Carlos Lino Jesus	INDIVIDUAL	M	37	SEN M	12	02:02:25.580	17
17	427	Paulo Jorge Sousa	INDIVIDUAL	M	30	SEN M	13	02:02:25.756	16
18	436	Nuno Miguel Carvalho	A.A. Lebres do Sado	M	39	SEN M	14	02:03:13.400	14
19	465	Filipa Fernandes	proAventuras	F	33	SEN F	1	02:04:27.588	20
20	446	José Fachadas	INDIVIDUAL	M	41	M40	3	02:05:48.973	18
21	559	Leandro Santos	Atlético Clube Vermoil	M	55	M55	1	02:10:49.693	22
22	415	Carlos Alberto Marques	Trilhos e Corridas de Tercena	M	50	M50	3	02:10:51.970	21
23	540	Aníbal José Costa	Individual	M	41	M40	4	02:11:16.664	23
24	531	Nuno Santos	Clube do Stress	M	38	SEN M	15	02:12:01.983	24
25	460	Paulo Alexandre Soares	Águias Unidas	M	42	M40	5	02:12:02.574	25
26	502	Paulo Jorge Reis	INDIVIDUAL	M	41	M40	6	02:12:59.523	27
27	552	Paulo Ramos	proAventuras	M	43	M40	7	02:13:05.662	31
28	534	Rui Manuel Pereira	Rui Pereira Massagem	M	38	SEN M	16	02:13:13.923	28
29	495	Pedro Miguel Brás	INDIVIDUAL	M	36	SEN M	17	02:13:16.014	33
30	403	Nuno Mourato	INDIVIDUAL	M	36	SEN M	18	02:13:30.361	26
31	425	Alexandrino Neves Aires	INDIVIDUAL	M	55	M55	2	02:15:07.336	30
32	564	Marco Vital	Cotas do Pedal	M	36	SEN M	19	02:16:56.291	32
33	518	Rogério Cerqueira	INDIVIDUAL	M	48	M45	1	02:17:37.614	29
34	523	João Saragoça	Tribo Extreme Adventure	M	40	M40	8	02:18:19.935	39
35	522	José Casimiro Fernandes	Tribo Extreme Adventure	M	40	M40	9	02:18:20.163	38
36	515	Jose Manuel Patrício	Trilux	M	51	M50	4	02:18:20.672	36
37	547	Bruno Safara	proAventuras	M	31	SEN M	20	02:18:33.034	34
38	539	Raquel Afonso	Garmin Olimpico de Oeiras	F	38	SEN F	2	02:18:41.730	37
39	511	Rui Chambel	INDIVIDUAL	M	39	SEN M	21	02:19:15.934	35
40	558	Luis Barreiras	INDIVIDUAL	M	40	M40	10	02:19:35.437	42
41	524	Victor Manuel Correia	Tribo Extreme Adventures	M	31	SEN M	22	02:19:35.587	41
42	411	Paula Alexandra Santos	Os Tugas	F	42	F40	1	02:20:21.850	44
43	449	Sandro Ribeiro	Free Runners	M	27	SEN M	23	02:21:26.702	40
44	535	Verónica Correia	Individual	F	36	SEN F	3	02:21:56.023	43
45	550	Bruno Duarte	CCD TRANQUILIDADE	M	29	SEN M	24	02:22:21.785	48
46	566	Rui Simões	Here4Beer	M	36	SEN M	25	02:22:52.174	53
47	404	António José Simões	INDIVIDUAL	M	54	M50	5	02:23:57.019	46
48	451	Jorge Manuel Silva	Millenniumbcp	M	43	M40	11	02:23:58.325	55
49	401	Moisés Jesus Cardoso	INDIVIDUAL	M	33	SEN M	26	02:24:05.004	54
50	480	José Luis Garcia	INDIVIDUAL	M	44	M40	12	02:24:29.478	49
51	490	Joana Moutela	Ori Estarreja	F	31	SEN F	4	02:24:33.072	47
52	549	José Aires	CCD TRANQUILIDADE	M	54	M50	6	02:24:47.142	50
53	410	Rui Martins	Serviços Sociais CGD	M	32	SEN M	27	02:24:53.031	52
54	533	Joel Guedes	INDIVIDUAL	M	37	SEN M	28	02:26:17.072	51
55	542	Nuno Miguel Alves	INDIVIDUAL	M	37	SEN M	29	02:27:05.624	48
56	554	Mário R. Pereira	INDIVIDUAL	M	38	SEN M	30	02:27:05.897	60
57	412	Joaquim Afonso Lopes	Trilhos e Corridas de Tercena	M	48	M45	2	02:28:53.383	61
58	432	Nelson Póvoa Saturnino	GP Runners	M	38	SEN M	31	02:29:01.473	56
59	433	António Pereira Gonçalves	Os Tugas	M	50	M50	7	02:29:01.998	57
60	431	Orlando Almeida	GP Runners	M	36	SEN M	32	02:29:09.025	58
61	504	Joaquim José Cascalheira	INDIVIDUAL	M	40	M40	13	02:29:58.619	63
62	428	Francisco Figueiredo	INDIVIDUAL	M	49	M45	3	02:30:17.242	64
63	408	Nuno Costa	Serviços Sociais CGD	M	37	SEN M	33	02:30:18.116	65
64	434	Fátima Pereira Gonçalves	Os Tugas	F	44	F40	2	02:30:23.182	59
65	527	Sérgio Jorge	GESINSERDE	M	30	SEN M	34	02:30:47.091	67

Class.	Dorsal	Nome	Clube	Sexo	Idade	Escalão	Pos Esc	Tempo	Pos. CP
66	553	Jorge Cancela	Run 4 Fun	M	49	M45	4	02:31:00.863	62
67	525	Carlos Manuel Vidal	GESINSERDE	M	47	M45	5	02:31:54.222	66
68	464	Maria Safara	proAventuras	F	30	SEN F	5	02:32:34.869	71
69	516	Ana Manuela Rosa	INDIVIDUAL	F	35	SEN F	6	02:32:37.651	--
70	406	Maria Antonieta Sá	CCD O Alvitejo	F	44	F40	3	02:32:56.686	78
71	562	Fernando Ramos	SMO Runners	M	37	SEN M	35	02:33:49.815	72
72	560	Mário Duarte	SMO Runners	M	42	M40	14	02:33:50.339	74
73	561	Rogério Santos	SMO Runners	M	35	SEN M	36	02:33:50.341	73
74	501	Carlos Fernando Simões	INDIVIDUAL	M	49	M45	6	02:35:28.355	76
75	497	Carlos Perestrelo Dias	INDIVIDUAL	M	34	SEN M	37	02:35:30.083	81
76	544	Ana Margarida Costa	INDIVIDUAL	F	31	SEN F	7	02:35:59.613	88
77	565	José Paulo Lopes	INDIVIDUAL	M	38	SEN M	38	02:36:26.198	82
78	413	Armando Baptista Teixeira	Trilhos e Corridas de Tercena	M	49	M45	7	02:36:36.156	69
79	476	Nuno David Martins	INDIVIDUAL	M	35	SEN M	39	02:37:22.754	80
80	445	Alexandre Miguel Sequeira	INDIVIDUAL	M	36	SEN M	40	02:37:42.904	79
81	505	Jorge Manuel Leandro	INDIVIDUAL	M	33	SEN M	41	02:37:50.007	68
82	521	Mário Lima	OMUNDODACORRIDA.COM	M	59	M55	3	02:37:58.586	83
83	405	Luis Toste Costa	INDIVIDUAL	M	45	M45	8	02:38:21.826	70
84	543	Artur Jorge Carvalho	INDIVIDUAL	M	41	M40	15	02:38:22.909	75
85	512	João Nascimento	Clube do Stress	M	46	M45	9	02:38:45.591	98
86	529	Susete Neto	GESINSERDE	F	33	SEN F	8	02:39:28.004	90
87	513	Fernando José Antunes	INDIVIDUAL	M	34	SEN M	42	02:39:44.738	85
88	488	Susana Brás Santos	INDIVIDUAL	F	36	SEN F	9	02:39:53.057	89
89	424	Nelson Diabinho	speed R us	M	31	SEN M	43	02:40:21.514	93
90	421	Paulo Trigo	speed R us	M	33	SEN M	44	02:40:23.952	94
91	563	Inês Parente	INDIVIDUAL	F	36	SEN F	10	02:40:39.870	84
92	532	Ana Pipio	OMUNDODACORRIDA.COM	F	38	SEN F	11	02:41:21.579	86
93	514	Pedro Miguel Gouveia	INDIVIDUAL	M	36	SEN M	45	02:41:54.059	87
94	530	Filipe José Jorge	GESINSERDE	M	27	SEN M	46	02:42:18.072	91
95	499	Jorge Alexandre Soares	Millenniumbcp	M	47	M45	10	02:42:18.212	95
96	430	Helder Nuno Martins	INDIVIDUAL	M	32	SEN M	47	02:42:18.547	97
97	500	Paulo Jorge Pinto	Millenniumbcp	M	47	M45	11	02:42:18.932	96
98	493	João Barros	speed R us	M	34	SEN M	48	02:42:57.905	--
99	442	Mariana Conceição Pereira	INDIVIDUAL	F	55	F55	3	02:43:14.092	102
100	536	Rui Pinto	INDIVIDUAL	M	47	M45	12	02:44:37.530	99
101	459	Rosa Afonso	Águias Unidas	F	44	F40	4	02:44:43.889	100
102	470	Filipe Rafael Oliveira	INDIVIDUAL	M	35	SEN M	49	02:45:26.883	105
103	517	Jorge Manuel Duarte	Individual	M	46	M45	13	02:45:38.371	101
104	440	Luís Canhão	INDIVIDUAL	M	45	M45	14	02:45:45.404	107
105	548	Miguel Pinhal	CCD TRANQUILIDADE	M	44	M40	16	02:45:45.986	106
106	494	Eduardo Rodrigues Ribeiro	INDIVIDUAL	M	43	M40	17	02:46:29.680	112
107	418	Pedro Catarino	Eat My Dust Team	M	31	SEN M	50	02:47:47.497	103
108	419	Renato Alves	Eat My Dust Team	M	31	SEN M	51	02:47:48.322	104
109	519	Ludgero Marques	INDIVIDUAL	M	37	SEN M	52	02:47:53.307	110
110	508	João Godinho Mendes	Clube do Stress	M	43	M40	18	02:47:53.453	111
111	507	Marta Pais Quina	INDIVIDUAL	F	37	SEN F	12	02:49:13.091	113
112	491	Ana Guimarães	INDIVIDUAL	F	33	SEN F	13	02:49:13.763	114
113	479	Carlos Albano Silva	Serviços Sociais CGD	M	40	M40	19	02:49:24.495	119
114	545	Marcos Nuno Leal	INDIVIDUAL	M	38	SEN M	53	02:49:28.140	109
115	551	Inês Mira	proAventuras	F	35	SEN F	14	02:50:08.348	122
116	471	José Miguel Oliveira	proAventuras	M	38	SEN M	54	02:50:09.986	121
117	475	Luis Calheiros	INDIVIDUAL	M	37	SEN M	55	02:50:54.414	123
118	455	Vanda Sofia Rosa	Millenniumbcp	F	37	SEN F	15	02:51:13.121	117
119	452	Oscar Silva Marques	Millenniumbcp	M	58	M55	4	02:51:13.391	115
120	537	Isabel Martins	Individual	F	36	SEN F	16	02:51:24.826	118
121	498	Pedro Vicente	INDIVIDUAL	M	39	SEN M	56	02:52:53.378	120
122	441	Marisa Alexandra Santos	INDIVIDUAL	F	34	SEN F	17	02:54:14.496	--
123	528	Pedro Camarinho	GESINSERDE	M	30	SEN M	57	02:55:15.723	77
124	456	Luis Carlos Prazeres	Millenniumbcp	M	50	M50	8	02:55:18.047	116
125	557	Luis Miguel Gaspar	INDIVIDUAL	M	42	M40	20	02:57:56.992	125
126	509	Fernando Proença Nunes	INDIVIDUAL	M	46	M45	15	03:00:38.982	126
127	556	Nuno B. Oliveira	INDIVIDUAL	M	49	M45	16	03:02:01.238	127
128	414	José Segurado dos Santos	Trilhos e Corridas de Tercena	M	46	M45	17	03:02:21.771	--
129	486	Joaquim C. Santos	INDIVIDUAL	M	60	M60	1	03:02:21.800	124
130	422	Rodrigo Comédias	speed R us	M	32	SEN M	58	03:03:09.300	130
131	454	Paula Isabel Batalha	Millenniumbcp	F	46	F45	1	03:05:00.998	129
132	450	Paulo Manuel Fiuza	Millenniumbcp	M	41	M40	21	03:05:01.722	128
133	457	Ana Filipa Sanches	INDIVIDUAL	F	29	SEN F	18	03:05:38.641	108
134	423	Mafalda Nunes	speed R us	F	38	SEN F	19	03:20:06.845	133
135	541	Margarida Emílio	INDIVIDUAL	F	41	F40	5	03:20:07.578	134
136	487	Nuno Soares	Cilnet	M	38	SEN M	59	03:26:12.747	131
137	477	Paula Salvador	INDIVIDUAL	F	45	F45	2	03:26:42.845	--
138	461	Francisco Teixeira	Águias Unidas	M	22	SEN M	60	03:33:45.152	137
139	426	António Jorge Gomes Pereira	INDIVIDUAL	M	40	M40	22	03:36:28.680	135

Class.	Dorsal	Nome	Clube	Sexo	Idade	Escalão	Pos Esc	Tempo	Pos. CP
140	473	João Manuel Cardeira	Cilnet	M	40	M40	23	03:36:29.652	138
141	409	Rita Pimenta	Serviços Sociais CGD	F	32	SEN F	20	04:43:39.764	181
dnf	407	José Silva Pereira	INDIVIDUAL	M	59	M55		#N/D	#N/D
dnf	416	Monica Novo	INDIVIDUAL	F	32	SEN F		#N/D	#N/D
dnf	417	Sofia Portela	INDIVIDUAL	F	35	SEN F		#N/D	#N/D
dnf	448	Leonel Silva Calvo	Free Runners	M	25	SEN M		#N/D	#N/D
dnf	485	Cristina Isabel Paulo	INDIVIDUAL	F	32	SEN F		#N/D	#N/D
dnf	526	Bernardo Domingues	GESINSERDE	M	18	SEN M		#N/D	#N/D
dnf	555	Roque B. Oliveira	INDIVIDUAL	M	41	M40		#N/D	#N/D
dns	438	José Carlos Jorge	Clube de Atletismo "Os Pesados"	M	63	M60		#N/D	#N/D
dns	453	Vitor Miguel Correia	Millenniumbcp	M	38	SEN M		#N/D	#N/D
dns	462	José Manuel Duarte	INDIVIDUAL	M	33	SEN M		#N/D	#N/D
dns	472	Luis Chibeles Nunes	Cilnet	M	36	SEN M		#N/D	#N/D
dns	474	Susana Nunes	Cilnet	F	36	SEN F		#N/D	#N/D
dns	478	Artur João Miranda	Clube Olímpico de Oeiras	M	37	SEN M		#N/D	#N/D
dns	482	Ana Luisa Ramos	Hakuna Matata	F	26	SEN F		#N/D	#N/D
dns	483	Alexandre Silva Cruz	Hakuna Matata	M	20	SEN M		#N/D	#N/D
dns	496	Rui Sousa Bravo	INDIVIDUAL	M	41	M40		#N/D	#N/D
dns	510	Catarina Duarte Santos	INDIVIDUAL	F	32	SEN F		#N/D	#N/D
dns	538	Pedro Miguel Gomes	INDIVIDUAL	M	35	SEN M		#N/D	#N/D



II ULTRA-TRAIL DE SESIMBRA - 50 KM

Sesimbra, 15 de Abril de 2012

Classificação Geral Provisória

Organização : Associação Desportiva OMundoDaCorrida.com

Class.	Dorsal	Nome	Clube	Sexo	Idade	Escalão	Pos Esc	Tempo	Pos/CP1	Pos/CP2	Pos/CP3
1	25	Luis Mota	A.C.R. Santa Cita	M	42	M40	1	04:28:46.063	2	2	1
2	144	Rui Afonso	CR Águias Unidas	M	42	M40	2	04:51:10.950	1	1	2
3	20	Alexandre Cunha	Clube Praças da Armada	M	43	M40	3	04:52:16.213	3	4	3
4	86	José Alberto Ramos	GNR Montanha	M	42	M40	4	04:56:08.475	6	3	4
5	73	Marcolino Veríssimo	Serviços Sociais CGD	M	40	M40	5	05:01:06.069	7	6	5
6	106	Marco António Pereira	INDIVIDUAL	M	34	SEN M	1	05:05:04.667	9	8	7
7	62	Francisco Gaio	CCD O Alvitejo	M	48	M45	1	05:05:46.329	8	7	6
8	146	Tiago Miguel Lousa	INDIVIDUAL	M	29	SEN M	2	05:09:11.580	13	10	8
9	17	Nuno Vasconcelos Carvalho	ThunderRunners	M	29	SEN M	3	05:11:45.660	4	5	10
10	117	Luis Miguel Ferreira	Run 4 Fun	M	44	M40	6	05:12:07.530	17	11	11
11	145	Jorge Justo	OMUNDODACORRIDA.COM	M	50	M50	1	05:12:31.095	21	16	9
12	160	Renato Velez	proAventuras	M	40	M40	7	05:14:36.840	18	15	12
13	65	Luis Maria Azcarraga	CLUB BESAIDE	M	52	M50	2	05:22:35.728	19	14	13
14	131	Guilherme Hora	INDIVIDUAL	M	38	SEN M	4	05:26:23.280	15	12	14
15	56	Luis Santos Nunes	Asas do Milenium	M	39	SEN M	5	05:26:48.211	23	20	15
16	165	Nuno Alexandre Reis	Rloja.com	M	35	SEN M	6	05:28:51.060	27	24	18
17	60	António Pardal	Roodinhas/Santos Silva	M	43	M40	8	05:30:07.940	5	9	16
18	81	Carlos Daniel Monteiro	Clube Grupo BES	M	42	M40	9	05:31:00.280	12	13	17
19	142	Diogo Vila Luz	INDIVIDUAL	M	24	SEN M	7	05:32:29.199	41	34	20
20	7	Antonio Barra Soares	Asas do Milenium	M	46	M45	2	05:35:00.837	30	21	19
21	58	Cirilo Santos	Asas do Milenium	M	57	M55	1	05:35:02.794	25	22	21
22	47	José Morgado	OMUNDODACORRIDA.COM	M	50	M50	3	05:35:18.096	54	31	22
23	36	Paulo Patrício	INDIVIDUAL	M	31	SEN M	8	05:38:58.455	22	23	24
24	158	Gonçalo Cardoso	proAventuras	M	40	M40	10	05:39:16.004	11	17	23
25	112	Telmo Manuel Dourado	KARAPAUS DE KORRIDA®	M	38	SEN M	9	05:41:50.642	65	55	32
26	148	Luis Miguel Bernardino	INDIVIDUAL	M	38	SEN M	10	05:41:59.552	16	19	27
27	29	Pedro Manuel Santos	INDIVIDUAL	M	31	SEN M	11	05:42:12.946	26	26	26
28	61	Sérgio Martins	OMUNDODACORRIDA.COM	M	34	SEN M	12	05:43:12.268	32	30	25
29	21	José Augusto	Falcões Selvagens	M	39	SEN M	13	05:43:53.435	28	28	30
30	27	Nuno Abilio	AM Casal das Figueiras	M	32	SEN M	14	05:44:13.800	29	29	31
31	59	Paulo A. Costa	CSP-Trail	M	41	M40	11	05:45:15.617	14	18	33
32	51	Herculano Araújo	Real Academia	M	47	M45	3	05:45:32.270	60	64	34
33	10	Jaime Lamego	MACHADA RUNNERS	M	52	M50	4	05:45:38.633	48	37	29
34	9	Chantal Xhervelle	A.M. CASAL FIGUEIRAS	F	44	F40	1	05:45:39.037	44	35	28
35	157	Helder Rosa	proAventuras	M	40	M40	12	05:51:04.678	20	38	35
36	129	Vitor Veloso	Asas do Milenium	M	36	SEN M	15	05:52:09.457	34	40	39
37	121	Gustavo Manuel Santos	CSP TRAIL	M	28	SEN M	16	05:52:36.801	31	36	36
38	55	Custódio António	Asas do Milenium	M	35	SEN M	17	05:53:59.335	42	44	37
39	87	Cármén Pires	Asas do Milenium	F	34	SEN F	1	05:54:00.009	43	43	38
40	124	Jorge Mimoso	OMUNDODACORRIDA.COM	M	40	M40	13	05:57:33.355	63	65	44
41	138	Filipe António Silva	INDIVIDUAL	M	33	SEN M	18	05:58:27.870	24	27	40
42	141	Eduardo Miguel Lopes	Asas do Milenium	M	36	SEN M	19	05:59:35.636	77	49	41
43	64	Ignacio Arosa Benito	CLUB DEPORTIVO EIBAR	M	44	M40	14	06:01:52.443	51	48	45
44	63	Francisco Salido Raso	CLUB DEPORTIVO EIBAR	M	45	M45	4	06:01:53.613	52	47	46
45	52	Joaquim Pereira Pato	INDIVIDUAL	M	40	M40	15	06:02:03.353	10	25	43
46	68	Fernando José Silva	CR Altunense	M	45	M45	5	06:02:24.184	40	39	42
47	31	Rui Pedro Abreu	ThunderRunners	M	30	SEN M	20	06:03:40.950	37	33	47
48	28	Hugo Novais	RUNSINTRA.COM	M	35	SEN M	21	06:07:33.337	33	42	48
49	48	Luis Miguel Trindade	INDIVIDUAL	M	33	SEN M	22	06:11:09.968	50	46	49
50	130	José Miguel Guimarães	De Sedentário a Maratonista	M	38	SEN M	23	06:11:11.785	49	45	50
51	113	Francisco Manuel Nunes	CSP TRAIL	M	43	M40	16	06:11:21.839	48	50	51
52	155	João Albuquerque	ACP - Atletismo Clube de Portalegre	M	47	M45	6	06:14:44.451	38	32	52
53	46	Pedro Sanguino	Clube Grupo BES	M	29	SEN M	24	06:14:51.657	47	51	53
54	91	Nuno Lopes	Here4Beer	M	36	SEN M	25	06:16:41.985	70	60	55
55	85	Paulo Trindade	OMUNDODACORRIDA.COM	M	37	SEN M	26	06:17:38.393	56	57	61
56	14	Hélder Melo	Atletismo Clube de Portalegre	M	24	SEN M	27	06:17:50.769	81	67	60
57	159	Vitor Cunha	proAventuras	M	42	M40	17	06:18:38.901	39	41	54
58	38	Miguel Campos	INDIVIDUAL	M	38	SEN M	28	06:18:39.033	72	63	59
59	11	João Pedro Faria	Clube do Stress	M	35	SEN M	29	06:18:40.124	74	61	56
60	24	João Assis Cabeleira	Clube do Stress	M	38	SEN M	30	06:18:48.271	73	62	58
61	107	João José Garcia	INDIVIDUAL	M	44	M40	18	06:18:49.090	66	52	57
62	67	Alexandre Duarte	INDIVIDUAL	M	51	M50	5	06:20:19.440	100	80	68
63	153	Carla Pinto	INDIVIDUAL	F	40	F40	2	06:20:39.519	105	82	62
64	152	Fernando Alcides Rodrigues	Millenniumbcp	M	47	M45	7	06:20:40.417	103	83	63
65	84	Antonio Palmira Guerreiro	INDIVIDUAL	M	59	M55	2	06:21:00.333	80	59	64
66	118	Paulo Manuel Picão	Corredores Ultra Positivos	M	38	SEN M	31	06:21:02.012	78	66	65
67	6	Luís Sousa	Asas do Milenium	M	36	SEN M	32	06:24:17.875	58	73	70
68	101	Artur Gonçalves	A.A. Lebres do Sado	M	36	SEN M	33	06:24:34.092	55	76	67

Class.	Dorsal	Nome	Clube	Sexo	Idade	Escalão	Pos Esc	Tempo	Pos/CP1	Pos/CP2	Pos/CP3
69	103	Paulo Alexandre Paredes	A.A. Lebres do Sado	M	38	SEN M	34	06:24:37.145	64	71	66
70	89	Hélder Pinto	Asas do Milenium	M	35	SEN M	35	06:28:09.947	113	94	76
71	151	António Cumbre	Pernas de Gafanhoto	M	32	SEN M	36	06:28:34.073	107	81	69
72	163	Paulo Quaresma	Clube Atletismo Amigos Parque da Paz	M	37	SEN M	37	06:28:55.580	75	77	74
73	116	Luis M. Martins	INDIVIDUAL	M	38	SEN M	38	06:29:19.142	35	54	71
74	12	Luis Miguel Costa	INDIVIDUAL	M	42	M40	19	06:29:27.256	36	53	72
75	77	Nuno Silva Ferreira	CPOC	M	36	SEN M	39	06:34:17.237	85	79	111
76	18	João Ribeiro Vieira	ThunderRunners	M	30	SEN M	40	06:34:41.714	114	110	--
77	57	Nuno Lucas	Asas do Milenium	M	39	SEN M	41	06:34:55.933	59	69	73
78	154	Pedro Miguel Quina	INDIVIDUAL	M	45	M45	8	06:35:49.829	61	75	109
79	4	Tiago Van Zeller	INDIVIDUAL	M	33	SEN M	42	06:36:06.357	46	56	107
80	13	Mário João Santos	INDIVIDUAL	M	48	M45	9	06:36:13.250	90	84	110
81	49	Pedro Manuel Gomes	LINDA-A-PASTORA SPORTING CLUB	M	54	M50	6	06:36:30.253	79	58	108
82	150	António Gavinho	Caminhos da Natureza	M	44	M40	20	06:36:40.275	68	78	75
83	111	Glória Serrazina	CRP Ribafria	F	54	F45	1	06:38:21.552	116	91	113
84	88	João Mota	Asas do Milenium	M	41	M40	21	06:38:57.078	112	89	115
85	122	Carlos Pires	CSP TRAIL	M	36	SEN M	43	06:40:19.666	53	72	112
86	50	Álvaro Pinto	Real Academia	M	55	M55	3	06:40:45.043	104	86	114
87	71	José Guia	Serviços Sociais CGD	M	63	M60	1	06:41:07.868	86	97	117
88	37	Nilton Viegas David	INDIVIDUAL	M	38	SEN M	44	06:44:06.337	71	74	116
89	33	Luis Álvaro	OMUNDODACORRIDA.COM	M	44	M40	22	06:45:14.273	118	101	118
90	26	Douglas Fry	Clube Desportivo de Mafra	M	55	M55	4	06:47:08.669	117	85	119
91	23	Jorge Manuel Neto	OMUNDODACORRIDA.COM	M	46	M45	10	06:47:28.087	91	90	121
92	168	Vitor Silva	A.A. Lebres do Sado	M	46	M45	11	06:47:59.595	121	108	120
93	5	José Simões	Asas do Milenium	M	49	M45	12	06:53:48.328	76	102	87
94	128	António Rebelo	INDIVIDUAL	M	40	M40	23	06:53:48.881	122	106	89
95	110	Dário Santos	CAP - Clube Académico de Penafirme	M	32	SEN M	45	06:54:02.834	83	92	122
96	97	Jorge Manuel Santos	INDIVIDUAL	M	34	SEN M	46	06:54:31.131	97	100	125
97	99	Luis Filipe Marçal	INDIVIDUAL	M	33	SEN M	47	06:54:31.461	96	99	124
98	15	Sérgio Carinhas	Atletismo Clube de Portalegre	M	44	M40	24	06:54:35.877	89	105	91
99	22	Pedro Sousa Vieira	Porto Runners	M	37	SEN M	48	06:57:38.079	94	93	88
100	137	Aires Barata	Clube GBES	M	35	SEN M	49	06:57:38.189	93	98	90
101	45	Daniel Ramos Junior	Cia Athletica Curitiba	M	21	SEN M	50	07:01:52.329	67	87	85
102	139	Manuel Pedro Pereira	Millenniumbcp	M	51	M50	7	07:04:37.781	106	107	86
103	93	Henrique Lopes	Here4Beer	M	33	SEN M	51	07:04:41.067	101	95	83
104	90	Gonçalo Ezequiel	Here4Beer	M	34	SEN M	52	07:04:41.976	102	96	82
105	166	Gilberto Duarte Andrade	ADA Desnível	M	41	M40	25	07:04:52.237	--	104	80
106	135	José Carlos Pereira	GDU Azóia - ESMOT	M	29	SEN M	53	07:06:15.867	87	103	81
107	172	Filipe Gomes	Sport Life	M	35	SEN M	54	07:08:20.112	71	68	123
108	32	Pedro Campos	ThunderRunners	M	30	SEN M	55	07:13:58.743	115	109	78
109	100	Célia Azenha	A.A. Lebres do Sado	F	47	F45	2	07:16:47.851	137	129	93
110	132	António Neto	INDIVIDUAL	M	40	M40	26	07:16:51.144	109	120	77
111	156	David Ferreira	Scalabis Night Runners	M	44	M40	27	07:16:53.200	108	--	92
112	170	Herbert Beaumont	OMUNDODACORRIDA.COM	M	53	M50	8	07:17:38.924	69	88	79
113	8	Pedro Miguel Nunes	INDIVIDUAL	M	44	M40	28	07:21:57.992	57	70	84
114	2	Alexandre Oliveira	INDIVIDUAL	M	33	SEN M	56	07:25:54.496	92	111	94
115	40	Carlos Afonso	4@fundo	M	35	SEN M	57	07:26:38.806	124	121	96
116	39	Mário Miguel	4@fundo	M	37	SEN M	58	07:26:41.624	125	122	95
117	105	José Luís Santos	Metro Lx	M	42	M40	29	07:33:46.995	119	125	102
118	74	Paulo Pires	Serviços Sociais CGD	M	46	M45	13	07:33:47.213	120	124	101
119	42	Leonel Viegas	Loucos & Furiosos	M	35	SEN M	59	07:33:59.115	98	126	100
120	43	Josemar Gomes	Loucos & Furiosos	M	24	SEN M	60	07:33:59.426	99	127	99
121	161	Teresa Afonso	OMUNDODACORRIDA.COM	F	35	SEN F	2	07:34:26.214	134	114	98
122	164	Carlos Couto	OMUNDODACORRIDA.COM	M	45	M45	14	07:34:26.233	132	115	97
123	34	Bruno Leitão	RUNSINTRA.COM	M	33	SEN M	61	07:38:24.512	110	123	105
124	126	Ana Paula Santos	Clube de Atletismo da Barreira	F	50	F45	3	07:41:31.478	135	116	126
125	98	João Paulo Queirós	INDIVIDUAL	M	46	M45	15	07:41:31.972	95	118	106
126	108	Oscar Baltazar Oliveira	Zatopeques	M	46	M45	16	07:41:32.276	133	112	104
127	109	Paulo Frade	Zatopeques	M	43	M40	30	07:41:33.721	131	119	103
128	69	Álvaro Furtado	OMUNDODACORRIDA.COM	M	53	M50	9	07:42:00.367	147	140	127
129	162	David Gracias	Corredores Ultra Positivos	M	38	SEN M	62	07:51:34.348	123	131	130
130	149	Francisca A. Lopes	INDIVIDUAL	F	52	F45	4	07:51:34.539	--	130	129
131	136	Davide Meira Mariani	GDU Azóia - ESMOT	M	34	SEN M	63	07:52:03.418	88	133	--
132	171	Vitor Pinho	INDIVIDUAL	M	50	M50	10	07:53:28.582	70	132	131
133	35	Joaquim Adelino	Amigos do Vale do Silêncio	M	63	M60	2	07:55:08.001	136	134	128
134	147	José Luis Farinha	Millenniumbcp	M	37	SEN M	64	07:55:27.450	128	136	133
135	134	Miguel Reis Cruz	Millenniumbcp	M	43	M40	31	07:55:27.542	129	135	134
136	169	Analice Silva	OMUNDODACORRIDA.COM	F	68	F45	5	07:55:55.169	143	137	132
137	72	José Manuel Rosa	Serviços Sociais CGD	M	56	M55	5	08:03:48.178	146	141	136
138	75	Paulo Bailão	Serviços Sociais CGD	M	41	M40	32	08:05:14.706	145	144	135
139	79	Marco Filipe	INDIVIDUAL	M	36	SEN M	65	08:10:45.320	126	138	137
140	78	João Frade	INDIVIDUAL	M	38	SEN M	66	08:10:45.334	127	139	138
141	102	Miguel Castela	A.A. Lebres do Sado	M	41	M40	33	08:16:07.733	144	142	140
142	70	André Noronha	Serviços Sociais CGD	M	47	M45	17	08:16:08.341	148	143	139
143	44	Gabriel Pinheiro	Loucos & Furiosos	M	24	SEN M	67	08:16:09.871	82	128	141
144	53	Gonçalo Nuno Manteigas	INDIVIDUAL	M	33	SEN M	68	08:21:45.519	142	145	142
145	19	Tiago Mendes Dionisio	INDIVIDUAL	M	38	SEN M	69	08:22:09.023	150	147	143

Class.	Dorsal	Nome	Clube	Sexo	Idade	Escalão	Pos Esc	Tempo	Pos/CP1	Pos/CP2	Pos/CP3
146	140	Rita Manso	INDIVIDUAL	F	41	F40	3	08:22:09.067	149	148	144
147	95	Carlos Neves	INDIVIDUAL	M	44	M40	34	08:58:57.627	141	146	145
dnf	41	Emanuel Simões	Loucos & Furiosos	M	34	SEN M		#N/D	130	--	--
dnf	54	Hannah Huellweg	INDIVIDUAL	F	32	SEN F		#N/D	--	--	--
dnf	82	José Manuel Câmara	ASOR	M	38	SEN M		#N/D	139	--	--
dnf	83	Roberto Miguel Gomes	ASOR	M	32	SEN M		#N/D	138	--	--
dnf	104	Pedro Nuno Sequeira	INDIVIDUAL	M	32	SEN M		#N/D	--	--	--
dnf	114	Vitor Miguel Gomes	Millenniumbcp	M	42	M40		#N/D	84	--	--
dnf	127	Pedro Bento Ferreira	4@fundo	M	41	M40		#N/D	140	--	--
dns	1	João Mirante	INDIVIDUAL	M	26	SEN M		#N/D	--	--	--
dns	3	António Ferreira	OMUNDODACORRIDA.COM	M	38	SEN M		#N/D	--	--	--
dns	16	Paula Matos	Atletismo Clube de Portalegre	F	44	F40		#N/D	--	--	--
dns	30	Rui Pedro Coelho	INDIVIDUAL	M	34	SEN M		#N/D	--	--	--
dns	66	Fernando Almeida	Alcochete Aktivo	M	40	M40		#N/D	--	--	--
dns	76	Pedro Miguel Gomes	INDIVIDUAL	M	35	SEN M		#N/D	--	--	--
dns	80	José Manuel Pinheiro	Clara Serino - Pasión Por Correr	M	48	M45		#N/D	--	--	--
dns	92	Rui Simões	Here4Beer	M	36	SEN M		#N/D	--	--	--
dns	94	João Saldanha	INDIVIDUAL	M	40	M40		#N/D	--	--	--
dns	96	Peter Cooper	Amigos Unidos	M	46	M45		#N/D	--	--	--
dns	115	Eduardo Luis Silva	INDIVIDUAL	M	27	SEN M		#N/D	--	--	--
dns	119	Vitor Rafael	Açoreana Club Banif	M	48	M45		#N/D	--	--	--
dns	120	Rui Pedras	INDIVIDUAL	M	53	M50		#N/D	--	--	--
dns	123	Rodolfo Rapaz	OMUNDODACORRIDA.COM	M	40	M40		#N/D	--	--	--
dns	125	Hugo Filipe Santos	INDIVIDUAL	M	33	SEN M		#N/D	--	--	--
dns	133	André Novais	Ninjas	M	24	SEN M		#N/D	--	--	--
dns	143	Nuno Miguel Correia	GDINE	M	45	M45		#N/D	--	--	--
dns	167				112	F45		#N/D	--	--	--

Cronometragem: **Chronotec**